

**PATIENT NAME:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Referring Doctor: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

Current Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_ Sex: M F

Reason for your visit: \_\_\_\_\_

**MEDICAL HISTORY** – Have you been diagnosed with any of the following:

- |                     |                      |                   |
|---------------------|----------------------|-------------------|
| High blood pressure | Stroke               | Bleeding problems |
| High cholesterol    | Respiratory problems | Blood clot(s)     |
| Heart attack        | Diabetes             | DVT               |
| Heart surgery       | Kidney Failure       | Cancer            |

Other Chronic Medical Problems: \_\_\_\_\_

**PREVIOUS SURGERIES** - Please list approximate date: \_\_\_\_\_

**SOCIAL HISTORY**

Tobacco use:

- Never smoked
- Current smoker    Packs/day: \_\_\_\_\_    Years smoked: \_\_\_\_\_
- Light smoker
- Heavy smoker
- Previous smoker Packs/day: \_\_\_\_\_    Years smoked: \_\_\_\_\_    Year quit: \_\_\_\_\_

Alcohol use:  YES  NO Type: \_\_\_\_\_ Frequency: \_\_\_\_\_

Exercise:  YES  NO Type of exercise: \_\_\_\_\_

**ALLERGIES TO MEDICATIONS:** \_\_\_\_\_

**CURRENT MEDICATIONS:** (Including prescription, non-prescription, and alternative medications)

Name	Dosage	Frequency
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**REVIEW OF SYSTEMS** – Please check boxes that apply

**Constitutional**

- Good general health
- Recent weight change
- Night sweats, fevers
- Fatigue

**Respiratory**

- Shortness of breath
- Cough
- Wheezing/asthma
- Coughing up blood

**Eyes**

- Wear glasses/contacts
- Blurred/double vision
- Eye disease or injury
- Glaucoma

**Cardiovascular**

- Chest pain
- Palpitations
- Heart trouble
- Swelling hands/feet

**Ears, Nose, Mouth, Throat**

- Hearing loss or ringing
- Sinus problems
- Nose bleeds
- Sore throat/voice change

**Gastrointestinal**

- Nausea/vomiting
- Abdominal pain
- Rectal bleeding
- Bowel problems

**Musculoskeletal**

- Muscle pain or cramps
- Stiffness/swelling
- Joint pain
- Trouble walking

**Neurological**

- Frequent headaches
- Paralysis or tremors
- Convulsions/seizures
- Numbness/tingling

**Integumentary**

- Change in hair/nails
- Rashes or itching
- Breast lump
- Breast pain/discharge

**Endocrine**

- Excessive thirst/urine
- Thyroid disease
- Hormone problem

**Hematologic/Lymphatic**

- Bruise easily
- Slow to heal
- Enlarged glands

**Allergic/Immunologic**

- Food allergies
- Aspirin allergies
- Antibiotic allergies

**Genitourinary – MALE**

- Blood in urine
- Kidney stones
- Difficulty voiding
- Testicle pain

**Genitourinary – FEMALE**

- Blood in urine
- Kidney stones
- Frequent urination
- Incontinence

**Psychiatric**

- Insomnia
- Confusion/memory
- Depression

**FAMILY MEDICAL HISTORY** – Please list medical problems in your blood relatives:

Father: \_\_\_\_\_  
Brother(s): \_\_\_\_\_  
Son(s): \_\_\_\_\_

Mother: \_\_\_\_\_  
Sister(s): \_\_\_\_\_  
Daughter(s): \_\_\_\_\_

Do you have an Advanced Directive or POLST?  YES  NO

If yes, where is it located? \_\_\_\_\_

If you are diabetic, when was the date of your last eye exam? \_\_\_\_\_

If you are age 50-75, when was the date of your last colonoscopy? \_\_\_\_\_

If you are 65 years or older, when was the date of your last pneumonia vaccine? \_\_\_\_\_

If you are 65 or older, have you fallen in the last 3 months?  YES  NO

**Preferred Pharmacy:** \_\_\_\_\_  
Name Address Phone #

**Additional information you would like to share with the doctor:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_